

# Quinte Sports and Wellness Centre Calendar



Generated May 16, 2024

## April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 7:00 Lane Swim 7:00 Rehabilitation Swim 8:00 Lane Swim 9:00 Lane Swim 10:00 Family Swim (Main Pool Only) 10:45 Rehabilitation Swim 11:45 Public Swim (Therapy and Preschool Pool Only) 1:00 Lane Swim 2:00 Senior's Swim (Therapy Pool Only) 3:00 Lane Swim 3:00 Youth Room Drop-in (Grade 6-12) 3:15 Parent and Tot Swim (Therapy Pool Only) 7:30 Public Swim (All Pools) 8:00 Lane Swim	3 6:00 Lane Swim 7:00 Lane Swim 8:00 Rehabilitation Swim 10:00 Lane Swim 11:15 Lane Swim 11:15 Public Swim (Main Pool Only) 12:00 Lane Swim 12:00 Adult Recreational Skating (16+) 2:00 Senior's Swim (Main Pool Only) 3:15 Lane Swim 5:00 Youth Room Drop-in (Grade 6-12) 8:00 Lane Swim	4 7:00 Lane Swim 8:00 Rehabilitation Swim 9:00 Senior Shinny (50+) 9:00 Lane Swim 10:00 Family Skating (helmets mandatory for all participants) 12:00 Public Swim (Therapy and Preschool Pool Only) 12:00 Adult Recreational Skating (16+) 12:00 Adult Shinny 1:00 Lane Swim 2:00 Senior's Swim (Therapy Pool Only) 3:00 Lane Swim 3:45 Lane Swim 3:45 Parent and Tot Swim (Therapy Pool Only) 4:00 Youth Room Drop-in (Grade 6-12) 8:00 Lane Swim	5 6:00 Lane Swim 7:00 Lane Swim 8:00 Rehabilitation Swim 10:15 Family Swim (Therapy and Preschool Pool Only) 11:00 Figure Skating Ticket Ice 11:30 Lane Swim 11:30 Public Swim (Main Pool Only) 12:00 Figure Skating Ticket Ice 2:00 Senior's Swim (Main Pool Only) 3:00 Rehabilitation Swim 3:00 Lane Swim	6 8:00 Rehabilitation Swim 1:00 Public Swim (All Pools) 1:00 Lane Swim 2:15 Lane Swim 2:15 Public Swim (All Pools)
7 8:00	8 6:00 Lane Swim	9 7:00 Lane Swim	10 6:00 Lane Swim	11 7:00 Lane Swim	12 6:00 Lane Swim	13 8:00

Rehabilitation Swim	7:00 Lane Swim	7:00 Rehabilitation Swim	7:00 Lane Swim	7:00 Rehabilitation Swim	7:00 Lane Swim	Rehabilitation Swim
8:00 Lane Swim	7:00 Rehabilitation Swim	8:00 Lane Swim	7:00 Rehabilitation Swim	8:00 Lane Swim	7:00 Rehabilitation Swim	1:00 Lane Swim
9:00 Family Swim (All Pools)	8:45 Pickleball - Advanced	9:00 Lane Swim	8:00 Lane Swim	8:45 Pickleball - Beginner	8:00 Lane Swim	1:00 Public Swim (All Pools)
10:00 Family Skating (helmets mandatory for all participants)	9:00 Family Swim (All Pools)	9:00 Move N' Groove (18 months to 4 Years)	8:45 Pickleball - Intermediate	9:00 Lane Swim	9:00 Family Swim (All Pools)	2:15 Public Swim (All Pools)
10:00 Youth Room Drop-in (Grade 6-12)	10:45 Pickleball - Beginner	10:00 Paint & Play (18 months to 4 Years)	9:00 Family Swim (All Pools)	9:30 Shuffleboard 9:30am-12:00pm	9:00 ABC's & 1,2,3's (18 months to 3 Years)	2:15 Lane Swim
11:00 Public Skating	11:00 Lane Swim	10:00 Family Swim (Main Pool Only)	11:00 Lane Swim	10:00 Family Swim (Main Pool Only)	10:00 Mover's & Shakers (18 months to 3 Years)	
1:00 Public Swim (All Pools)	11:15 Public Swim (All Pools)	11:00 Lane Swim	11:15 Public Swim (All Pools)	10:45 Pickleball - Advanced	11:00 Figure Skating Ticket Ice	
1:00 Lane Swim	12:00 Badminton	11:00 Kindergarten Readiness (3 to 5 Years)	12:00 Adult Recreational Skating (16+)	11:00 Lane Swim	11:00 Lane Swim	
2:15 Lane Swim	1:15 Pickleball - Intermediate	11:00 Senior Shinny (50+)	1:15 Pickleball - Advanced	11:15 Public Swim (All Pools)	11:15 Public Swim (All Pools)	
2:15 Public Swim (All Pools)	2:00 Senior's Swim (All Pools)	11:15 Public Swim (All Pools)	2:00 Senior's Swim (All Pools)	1:00 Carpet Bowling - 1:00-3:30pm	12:00 Lane Swim	
	3:15 Rehabilitation Swim	12:00 Adult Shinny	3:00 Lane Swim	1:15 Pickleball - Intermediate	12:00 Figure Skating Ticket Ice	
	3:30 Open Gym	1:15 Pickleball - Beginner	3:15 Rehabilitation Swim	2:00 Senior's Swim (All Pools)	2:00 Senior's Swim (All Pools)	
	3:45 Lane Swim	2:00 Senior's Swim (All Pools)	3:15 Family/Open Gym	3:00 Lane Swim	3:00 Lane Swim	
	6:45 Teen Recreational Volleyball (9 to 17 years)	3:00 Lane Swim	3:45 Lane Swim	3:15 Parent and Tot Swim (Therapy Pool Only)	3:15 Rehabilitation Swim	
	8:00 Lane Swim	3:00 Youth Room Drop-in (Grade 6-12)	5:00 Young Chefs (11 to 15 Years)	3:15 Open Gym		
		3:15 Parent and Tot Swim (Therapy Pool Only)	5:15 Science Explorers (4 to 8 Years)	4:00 Youth Room Drop-in (Grade 6-12)		
		3:30 Open Gym	5:15 Pickleball (Recreational)	5:00 Artful Antics (4 to 8 years)		
		5:00 Artist Hub (9 to 15 Years)	7:15 Badminton	5:00 Kitchen Crew (8 to 11 Years) NEW		
		5:30 Preschool Play Zone (18 months to 5 Years)	8:00 Lane Swim	5:00 Boccia - adaptive sport		
		6:15 Sporty Kids (6 to 9 Years)		5:15 Jr. Soccer Skills & Drills (4 to 8 years)		
		6:15 STEM-tastic (9 to 15 Years)		6:15 Sr. Soccer Skills & Drills (9 to 13 Years)		
		7:30 Volleyball Intermediate/Advanced		6:15 Girls Night Out (9 to 12 years)		
		7:30 Table Tennis		7:30 Volleyball (Recreational/Beginner)		
		7:30 Public Swim (All Pools)		8:00 Lane Swim		
		8:00 Lane Swim				
14	15	16	17	18	19	20
8:00	6:00 Lane Swim	7:00 Lane Swim	6:00 Lane Swim	7:00 Lane Swim	6:00 Lane Swim	8:00

Rehabilitation Swim	7:00 Lane Swim	7:00 Rehabilitation Swim	7:00 Lane Swim	7:00 Rehabilitation Swim	7:00 Lane Swim	Rehabilitation Swim
9:00 Lane Swim	7:00 Rehabilitation Swim	8:00 Lane Swim	7:00 Rehabilitation Swim	8:00 Lane Swim	7:00 Rehabilitation Swim	9:00 Mini Movers (18 months to 5 Years 11 months)
10:00 Youth Room Drop-in (Grade 6-12)	8:00 Lane Swim	8:30 May Pickleball Registration for City Taxpayers/Residents	8:00 Lane Swim	8:45 Pickleball - Beginner	8:00 Lane Swim	
12:15 Family/Open Gym	8:45 Pickleball - Advanced	9:00 Senior Shinny (50+)	8:45 Pickleball - Intermediate	9:00 Lane Swim	8:30 May Pickleball Registration for Non-City Taxpayers/Residents	9:00 Mini Movers (18 months to 5 Years 11 months)
1:00 Public Swim (All Pools)	9:00 Family Swim (All Pools)	9:00 Move N' Groove (18 months to 4 Years)	9:00 Family Swim (All Pools)	9:30 Shuffleboard 9:30am-12:00pm	9:00 ABC's & 1,2,3's (18 months to 3 Years)	9:00 Mini Movers (18 months to 5 Years 11 months)
1:00 Lane Swim	9:00 Art-Muck & Mess (18 months to 3 Years)	9:00 Lane Swim	11:00 Lane Swim	10:00 Family Skating (Helmets mandatory for all participants)	9:00 Family Swim (All Pools)	10:00 Open Gym
2:15 Lane Swim	10:00 Mini Scientists (18 months to 3 Years)	10:00 Family Swim (Main Pool Only)	11:15 Public Swim (All Pools)	10:00 Family Swim (Main Pool Only)		12:00 Badminton
2:15 Public Swim (All Pools)	10:00 Paint & Play (18 months to 4 Years)	10:00 Adult Recreational Skating (16+)	12:00 Adult Recreational Skating (16+)	10:45 Pickleball - Advanced	10:00 Mover's & Shakers (18 months to 3 Years)	1:00 Lane Swim
2:15 Pickleball (Recreational)	10:45 Pickleball - Beginner	11:00 Kindergarten Readiness (3 to 5 Years)	1:15 Pickleball - Advanced	11:00 Lane Swim	11:00 Figure Skating Ticket Ice	1:00 Public Swim (All Pools)
4:30 Open Gym	11:00 Lane Swim	11:00 Lane Swim	2:00 Senior's Swim (All Pools)	11:15 Public Swim (All Pools)	11:00 Lane Swim	2:00 Open Gym
6:30 Basketball	11:15 Public Swim (All Pools)	11:00 Lane Swim	3:00 Lane Swim	12:00 Adult Shinny	11:15 Public Swim (All Pools)	2:15 Public Swim (All Pools)
	1:15 Pickleball - Intermediate	11:15 Public Swim (All Pools)	3:15 Rehabilitation Swim	1:00 Adult Recreational Skating (16+)	12:00 Lane Swim	2:15 Lane Swim
	2:00 Senior's Swim (All Pools)	12:00 Adult Recreational Skating (16+)	3:15 Family/Open Gym	1:00 Carpet Bowling - 1:00-3:30pm	12:00 Figure Skating Ticket Ice	4:00 Family Futsal
	3:00 Lane Swim	1:15 Pickleball - Beginner	3:45 Lane Swim	1:15 Pickleball - Intermediate	2:00 Senior's Swim (All Pools)	5:00 Public Skating (Helmets strongly recommended)
	3:15 Rehabilitation Swim	2:00 Senior's Swim (All Pools)	5:00 Youth Room Drop-in (Grade 6-12)	2:00 Senior's Swim (All Pools)	3:00 Lane Swim	6:00 Teen/Youth Futsal
	3:30 Open Gym	3:00 Lane Swim	5:00 Young Chefs (11 to 15 Years)	3:00 Lane Swim	3:15 Rehabilitation Swim	
	3:45 Lane Swim	3:00 Youth Room Drop-in (Grade 6-12)	5:15 Science Explorers (4 to 8 Years)	3:15 Parent and Tot Swim (Therapy Pool Only)	4:00 Family Skating (Helmets mandatory for all participants)	
	5:30 Jr. Soccer Skills & Drills (4 to 8 years)	3:15 Parent and Tot Swim (Therapy Pool Only)	5:15 Pickleball (Recreational)	3:15 Open Gym		
	5:30 Artful Antics (4 to 8 years)	3:30 Open Gym	7:15 Badminton	4:00 Youth Room Drop-in (Grade 6-12)		
	6:00 Youth Room Drop-in (Grade 6-12)	5:00 Artist Hub (9 to 15 Years)	8:00 Lane Swim	5:00 Artful Antics (4 to 8 years)		
	6:45 Science Explorers (4 to 8 Years)	5:30 Preschool Play Zone (18 months to 5 Years)		5:00 Kitchen Crew (8 to 11 Years) NEW		
	6:45 Teen Recreational Volleyball (9 to 17 years)	6:15 Sporty Kids (6 to 9 Years)		5:00 Boccia - adaptive sport		
	8:00 Lane Swim	6:15 STEM-tastic (9 to 15 Years)		5:15 Jr. Soccer Skills & Drills (4 to 8 years)		
		7:30 Table Tennis		6:15 Sr. Soccer Skills & Drills (9 to 13 Years)		
		7:30 Volleyball Intermediate/Advanced		6:15 Girls Night Out (9 to 12 years)		
		7:30 Public Swim (All Pools)		7:30 Volleyball (Recreational/Beginner)		
		8:00 Lane Swim		8:00 Lane Swim		
21	22	23	24	25	26	27
8:00	6:00 Lane Swim	7:00 Lane Swim	6:00 Lane Swim	7:00 Lane Swim	6:00 Lane Swim	8:00

Rehabilitation Swim	7:00 Lane Swim	7:00 Rehabilitation Swim	7:00 Lane Swim	7:00 Rehabilitation Swim	7:00 Lane Swim	Rehabilitation Swim
9:00 Lane Swim	7:00 Rehabilitation Swim	8:00 Lane Swim	7:00 Rehabilitation Swim	8:00 Lane Swim	7:00 Rehabilitation Swim	9:00 Mini Movers (18 months to 5 Years 11 months)
9:00 Family Skating (Helmets mandatory for all participants)	8:00 Lane Swim	9:00 Lane Swim	8:00 Lane Swim	8:30 Summer Camp Registration for Non-City Taxpayers/Residents	8:00 Lane Swim	10:00 Open Gym
10:00 Public Skating (Helmets strongly recommended)	8:30 Summer Camp Registration for City Taxpayers/Residents	9:00 Move N' Groove (18 months to 4 Years)	9:00 Family Swim (All Pools)	8:45 Pickleball - Beginner	8:45 Pickleball - Advanced	10:30 Public Skating (Helmets strongly recommended)
10:00 Youth Room Drop-in (Grade 6-12)	8:45 Pickleball - Advanced	9:00 Senior Shinny (50+)	11:00 Lane Swim	9:00 Lane Swim	9:00 Family Swim (All Pools)	1:00 Lane Swim
12:15 Family/Open Gym	9:00 Family Swim (All Pools)	10:00 Paint & Play (18 months to 4 Years)	11:15 Public Swim (All Pools)	9:30 Shuffleboard 9:30am-12:00pm	9:00 ABC's & 1,2,3's (18 months to 3 Years)	1:00 Public Swim (All Pools)
1:00 Public Swim (All Pools)	9:00 Art-Muck & Mess (18 months to 3 Years)	10:00 Family Swim (Main Pool Only)	12:00 Adult Recreational Skating (16+)	10:00 Family Skating (Helmets mandatory for all participants)	10:00 Mover's & Shakers (18 months to 3 Years)	2:15 Public Swim (All Pools)
1:00 Lane Swim	10:00 Mini Scientists (18 months to 3 Years)	11:00 Lane Swim	2:00 Senior's Swim (All Pools)	10:00 Family Swim (Main Pool Only)	10:45 Pickleball - Intermediate	2:15 Lane Swim
2:15 Lane Swim	10:45 Pickleball - Beginner	11:00 Kindergarten Readiness (3 to 5 Years)	3:00 Lane Swim	10:45 Pickleball - Advanced	11:00 Figure Skating Ticket Ice	
2:15 Public Swim (All Pools)	11:00 Lane Swim	11:15 Public Swim (All Pools)	3:15 Rehabilitation Swim	11:00 Lane Swim	11:00 Lane Swim	
2:15 Pickleball (Recreational)	11:15 Public Swim (All Pools)	12:00 Adult Recreational Skating (16+)	3:15 Family/Open Gym	11:15 Public Swim (All Pools)	11:15 Public Swim (All Pools)	
4:30 Open Gym	1:15 Pickleball - Intermediate	1:15 Pickleball - Beginner	3:45 Lane Swim	12:00 Adult Shinny	12:00 Lane Swim	
6:30 Basketball	2:00 Senior's Swim (All Pools)	2:00 Senior's Swim (All Pools)	5:00 Youth Room Drop-in (Grade 6-12)	1:00 Adult Recreational Skating (16+)	12:00 Figure Skating Ticket Ice	
	3:00 Lane Swim	3:00 Lane Swim	5:00 Young Chefs (11 to 15 Years)	1:00 Carpet Bowling - 1:00-3:30pm	1:15 Pickleball - Beginner	
	3:15 Rehabilitation Swim	3:00 Youth Room Drop-in (Grade 6-12)	5:15 Science Explorers (4 to 8 Years)	1:15 Pickleball - Intermediate	2:00 Senior's Swim (All Pools)	
	3:30 Open Gym	3:15 Parent and Tot Swim (Therapy Pool Only)	5:15 Pickleball (Recreational)	2:00 Senior's Swim (All Pools)	3:00 Lane Swim	
	3:45 Lane Swim	3:30 Open Gym	8:00 Lane Swim	3:00 Lane Swim	3:15 Rehabilitation Swim	
	5:30 Artful Antics (4 to 8 years)	5:00 Artist Hub (9 to 15 Years)		3:15 Parent and Tot Swim (Therapy Pool Only)	3:15 Open Gym	
	5:30 Jr. Soccer Skills & Drills (4 to 8 years)	5:30 Preschool Play Zone (18 months to 5 Years)		3:15 Open Gym	4:00 Family Skating (Helmets mandatory for all participants)	
	6:45 Teen Recreational Volleyball (9 to 17 years)	6:15 Sporty Kids (6 to 9 Years)		4:00 Youth Room Drop-in (Grade 6-12)	5:00 Kids Pop up Event - Squishmallow Cow Painting (4-9 years)	
	6:45 Science Explorers (4 to 8 Years)	6:15 STEM-tastic (9 to 15 Years)		5:00 Artful Antics (4 to 8 years)	5:30 Pickleball (Recreational)	
	8:00 Lane Swim	7:30 Volleyball Intermediate/Advanced		5:00 Kitchen Crew (8 to 11 Years) NEW		
		7:30 Table Tennis		5:00 Boccia - adaptive sport		
		7:30 Public Swim (All Pools)		5:15 Jr. Soccer Skills & Drills (4 to 8 years)		
		8:00 Lane Swim		6:15 Sr. Soccer Skills & Drills (9 to 13 Years)		
				6:15 Girls Night Out (9 to 12 years)		
				7:30 Volleyball (Recreational/Beginner)		
				8:00 Lane Swim		
28	29	30				
8:00	6:00 Lane Swim	7:00 Lane Swim				

Rehabilitation Swim	7:00 Lane Swim	7:00 Rehabilitation Swim			
9:00 Lane Swim	7:00 Rehabilitation Swim	8:00 Lane Swim			
10:00 Youth Room Drop-in (Grade 6-12)	8:00 Lane Swim	9:00 Lane Swim			
12:15 Family/Open Gym	8:45 Pickleball - Advanced	9:00 Move N' Groove (18 months to 4 Years)			
1:00 Public Swim (All Pools)	9:00 Family Swim (All Pools)	9:00 Senior Shinny (50+)			
1:00 Lane Swim	9:00 Art-Muck & Mess (18 months to 3 Years)	10:00 Paint & Play (18 months to 4 Years)			
2:15 Lane Swim	10:00 Mini Scientists (18 months to 3 Years)	10:00 Family Swim (Main Pool Only)			
2:15 Public Swim (All Pools)	10:45 Pickleball - Beginner	11:00 Lane Swim			
2:15 Pickleball (Recreational)	11:00 Lane Swim	11:00 Kindergarten Readiness (3 to 5 Years)			
4:30 Open Gym	11:15 Public Swim (All Pools)	11:15 Public Swim (All Pools)			
6:30 Basketball	1:15 Pickleball - Intermediate	12:00 Adult Recreational Skating (16+)			
	2:00 Senior's Swim (All Pools)	1:15 Pickleball - Beginner			
	3:00 Lane Swim	2:00 Senior's Swim (All Pools)			
	3:15 Rehabilitation Swim	3:00 Lane Swim			
	3:30 Open Gym	3:00 Youth Room Drop-in (Grade 6-12)			
	3:45 Lane Swim	3:15 Parent and Tot Swim (Therapy Pool Only)			
	5:30 Jr. Soccer Skills & Drills (4 to 8 years)	3:30 Open Gym			
	5:30 Artful Antics (4 to 8 years)	5:00 Artist Hub (9 to 15 Years)			
	6:00 Youth Room Drop-in (Grade 6-12)	5:30 Preschool Play Zone (18 months to 5 Years)			
	6:45 Science Explorers (4 to 8 Years)	6:15 Sporty Kids (6 to 9 Years)			
	6:45 Teen Recreational Volleyball (9 to 17 years)	6:15 STEM-tastic (9 to 15 Years)			
	8:00 Lane Swim	7:30 Table Tennis			
		7:30 Volleyball Intermediate/Advanced			
		7:30 Public Swim (All Pools)			
		8:00 Lane Swim			